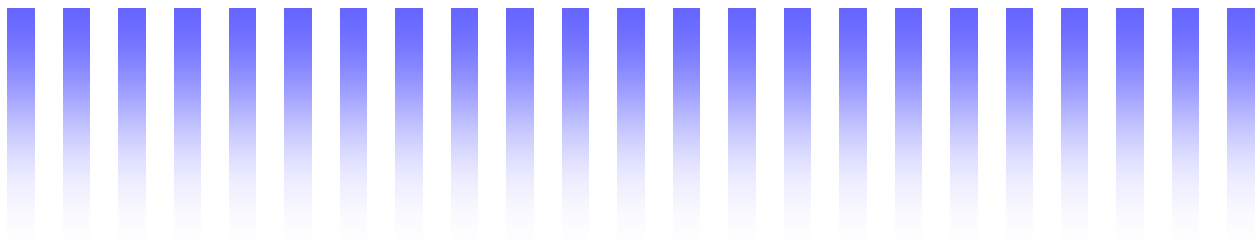


# THE WASHINGTON PARK ICE ARENA SKATING SCHOOL

## *Private Lesson Guide*





## *Washington Park Ice Arena*

### *Private Instruction Information*

Private lesson instruction can assist every skater to achieve their goals. Skating school students of all ages and abilities may take private lessons, from toddlers to adults, beginners to competitive skaters. Listed below is information about private lesson instruction and the procedure to follow to book private lesson instruction time.

#### **Private Lessons**

\*Private lessons are offered to any skater no matter the style (learn-to-skate, figure skate, hockey or speed skating), age or ability level.

\*Fees vary between instructors.

\*Lesson costs do not include admission or skate rental.

**Admission and skate rental fees must be paid in addition to the cost of the lesson.**

#### **Booking a Private Lesson**

Private lessons are arranged between the instructor and the student at times that are suitable for both. Beginners may choose to take their lesson during one of our public skating sessions, or during one of the figure skating practices (known as freestyle sessions). If a skater has not passed the Delta level they may take their lesson during a freestyle session but must exit the ice at the completion of their lesson.

Steps to take:

1. Contact the instructor of your choice.
2. Arrange a time that is suitable for both you and the instructor.
3. When you arrive on your lesson day, pay for your admission at the cashier and then pay your instructor directly.

# *More Private Lesson Information*

Only approved instructors registered with the Department of Parks and Recreation Commission will be permitted to teach private lessons for pay at the Washington Park Ice Arena. Please see Rachel Bruemmer or Brent Echols for more information.

Instructors teaching without pay that are not insured and are not associated with ISI, USFS or PSA organizations cannot be held responsible for the quality of instruction they are giving.

All private instructors receiving payment must have proof at any time in question of current liability insurance through ISI, USFS or Professional Skaters Association.

A private lesson instructor is solely responsible to the student/family for their satisfaction.

All instruction is limited to private lessons with a maximum of three students per lesson. No group instruction is permitted during public or freestyle sessions.

For private lessons taught during public sessions, the use of the facility is on the same basis as that available to the general public. There is no exclusive use of a particular area of the skating surface for private instruction.

All Ice Skating Institute tests must be administered by a registered instructor and an ISI certified judge who is a Washington Park Ice Arena representative/member. A \$7 testing fee must be paid by the student directly to the Washington Park Ice Arena if the test is taken outside of the normally scheduled group lesson times. All instructors & skaters who have a facility other than Washington Park Ice Arena listed as their home rink must register tests given/taken through their home facility.

All private instructors must abide by the Private Instructor Code of Ethics and follow the skater/coach etiquette map provided by the Department of Parks and Recreation. Failure to abide by the code of ethics shall result in the revocation of the private lesson teaching privileges and possible suspension from the use of the Washington Park Ice Arena.

## *Rules of Conduct for Freestyle Sessions*

1. These are practice sessions. Socializing should be kept off the ice prior to or after the session.  
There will be no standing in groups talking or skaters will be asked to disperse or leave the ice.
2. The following priority will be followed regarding right of way on the ice.
  - a. skaters doing their program with music over the ice
  - b. skaters in a lesson
  - c. all other skaters.

3. Please watch out for other skaters especially while skaters are doing their program to music. This does not mean you need to stand and watch. Use the simple rule: look where you are going. It is the responsibility of higher level skaters to watch out for skaters at a lower level.

4. Program music should be played from start to finish, once. Please do not stop and restart your program as there may be others who are waiting to have their music played. When everyone has had their music played, you may play it again. Be courteous. Professionals with lessons may cut in line no more than one time per lesson when needed.

5. Please follow the standard ice etiquette for practicing jumps/spins/teaching areas (see Ice Etiquette map). This does not apply during programs.

6. There will be NO unsportsmanlike behavior from skaters or observers such as kicking the ice, foul language, yelling at other skaters to get out of the way, or intimidating behavior. Skaters or observers who behave in such a manner will be asked to leave the ice and/or arena and there will be no refunds.

7. No food or drinks other than water on the ice. No chewing gum.

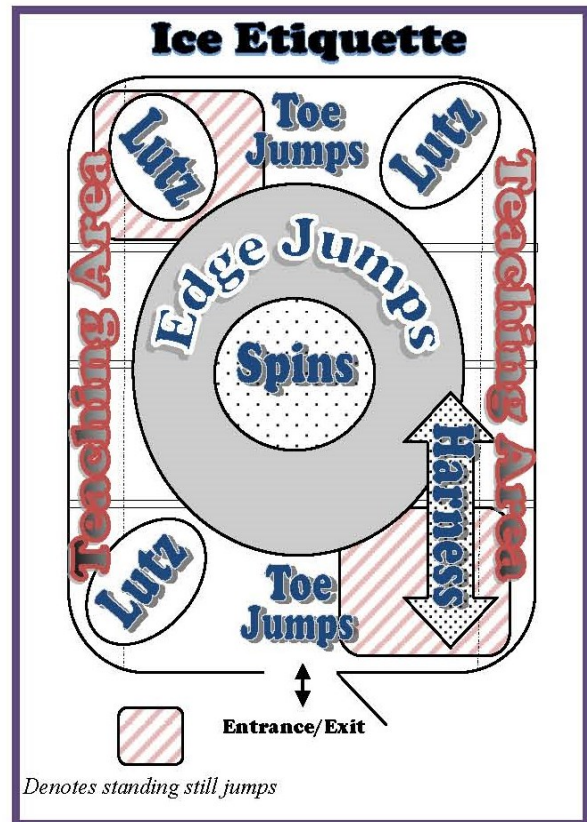
8. No sitting on the boards.

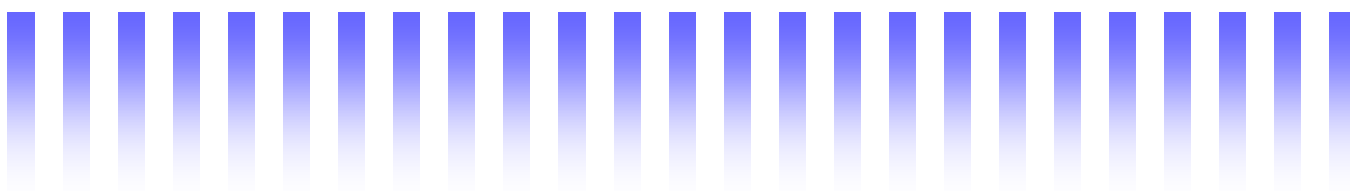
9. For safety reasons, iPods, MP3 players or any other personal device with headphones are prohibited during freestyles sessions.

10. Proper attire should be worn on all sessions.

11. Bleachers or lobby area should be used to observe skaters. Only qualified coaches are allowed to be in teaching areas. No relatives or friends should cause distractions from off the ice as it could disturb other skaters/coaches. If need be, please exit the ice from the opened entrance door to speak with parents or observers. Do not open side doors on the bleacher side please.

12. Videotaping must be done off the ice from the bleachers unless authorized to do otherwise.





## **Brent Echols**

**Please contact for rate**

Phone Number: 913-433-4969

Home Rink: Washington Park Ice Arena

He is a three time USFS National competitor and National Silver Medalist. He is a USFS Gold medalist in Moves in the Field and Pairs Skating. He is also a Silver medalist in Freeskate. He has 20+ years experience teaching all levels on and off ice, group and private lessons. He is a Registered Coach with USFS and has a CER level B. He is available to take skaters to USFS Test Sessions, USFS competitions and ISI competitions. He will work with motivated children of all ages and skill level.

## **Morgan Glavin**

**\$30 per hour**

19 years old

Phone Number: 573-338-6542

Home Rink: Washington Park Ice Arena

She has been skating for 14 years. She has passed ISI Freestyle 4, USFS Preliminary Moves in the Field and Pre-Preliminary Freeskate. She has three years experience teaching group lessons. She has one year experience teaching private lessons. She has one year experience competing individually in ISI.

## **Kelsie Grate**

**\$40 per hour**

23 years old

Phone Number: 314-398-3218

Home Rink: Rec Plex in St. Peters, MO

She has been skating for 20 years. She has passed ISI Freestyle 5, USFS Intermediate Moves in the Field, Pre-Preliminary Freeskate and Bronze Dance. She has eight years experience teaching group lessons and five years experience teaching private lessons. She has 11 years experience competing in Synchronized skating and two years competing in Ice Dancing. She has six years experience coaching synchronized skating teams at various levels. She is a Registered Coach with USFS and has a CER level B. She is available to take skaters to USFS Test Sessions, USFS competitions and ISI competitions.





## Jessica Godar

\$30 per hour

20 years old

Phone Number: 314-358-0827

Home Rink: St. Peters Rec Plex, St. Peters, MO

She has been skating for 17 years. She has passed ISI Freestyle 5 and USFS Novice Moves in the Field and Bronze Dance. She has one year experience teaching group lessons. She competed in ISI and USFS for 15 years. She is available to take skaters to ISI competitions.

## Courtney Gragg

\$30 per hour

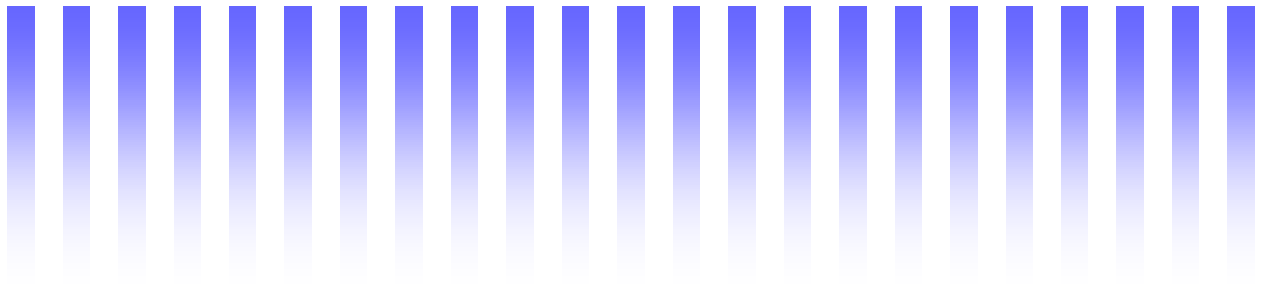
26 years old

Phone Number: 573-690-1101

Email: cgragg27@gmail.com

Home Rink: Washington Park Ice Arena

She has been skating for 16 years. She has passed ISI Freestyle 5. She has 10 years experience teaching group lessons, seven years teaching private lessons and coached the Formation Sensations Synchronized Skating Team for three years. She has seven years experience competing in ISI Synchronized Skating and is available to help skaters wanting to participate in the local ISI competition. Outside of skating, she is a full-time speech-language pathologist.



## Jessica Kukal

\$30 per hour

26 years old

Phone Number: 573-673-4536

Home Rink: Washington Park Ice Arena

She has been skating for 16 years. She has passed ISI Freestyle 5, USFS Preliminary Moves in the Field and Freeskate. She has five years of experience teaching group and private lessons. She competed in ISI for eight years in all events with the exception of dance and rhythmic. She has experience teaching ISI Ice Dance levels 1-3. She is available to take skaters to ISI competitions.

## Marsha Lewis

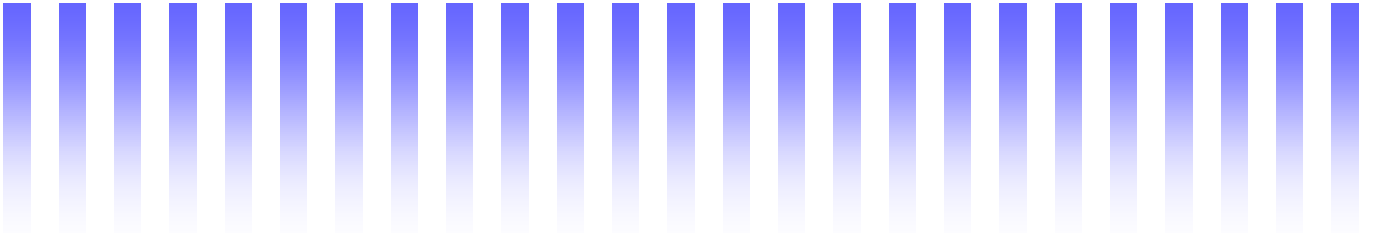
\$40 per hour

20 years old

Phone Number: 314-808-7507

Home Rink: Webster Groves Ice Arena, Webster Groves, MO

She has been skating for 15 years. She has passed ISI Freestyle 5 and USFS Novice Moves in the Field and Silver Dance. She has three years experience teaching group and private lessons. She competed in ISI and USFS for 11 years. She is available to take skaters to ISI competitions.



If you are an  
experienced skater and  
would like to teach  
group or private lessons

please contact  
Rachel Bruemmer,  
Skating Director  
at [573-634-6480](tel:573-634-6480)

or by email at  
[rbruemmer@jeffcitymo.org](mailto:rbruemmer@jeffcitymo.org)  
for all the details and  
guidelines.



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711 Kansas St.  
Jefferson City, MO 65101

Phone: 573-634-6580  
Fax: 573-634-6489  
[www.jeffcitymo.org/parks](http://www.jeffcitymo.org/parks)